Talk Lipoedema June 2022

Scotland: List of NHS lymphoedema services and MLD therapists who see people with lipoedema

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| **Health Board area** | **Address** | **Telephone** | **Contact** |
| ARGYLL & CLYDE | See Greater Glasgow and Clyde |   |   |
| AYRSHIRE & ARRAN | Lymphoedema Service Physiotherapy Dept. Crosshouse Hospital, Crosshouse, Kilmarnock. KA2 0BE | 01563-827136 |  |
| BORDERS | tbc |  |   |
| DUMFRIES & GALLOWAY | Lymphoedema Service Physiotherapy Dept., Bankend Road, Dumfries & Galloway Royal Infirmary DG1 4AP | 01387-241827 |   |
| FIFE | tbc |  |   |
| FORTH VALLEY | Lymphoedema Service Strathcarron Hospice Randolph Hill, Denny FK6 5HJ | 01324- 826222 |  Yolande Borthwick |
| GRAMPIAN | Chronic Oedema Clinic, Ward 6 Woodend Hospital, Eday Road, Aberdeen AB15 6XS | 01224-556361 or 07771-978648 |  |
| GREATER GLASGOW and CLYDE | Lymphoedema Specialist Nurses, Lymphoedema Clinic, West Glasgow ACH, Dalnair St, Yorkhill, Glasgow, G3 8SJ                                            | 0141-2321869 |   |
| HIGHLAND | Highland Lymphoedema Service based at Caithness General Hospital,  (also clinics in Oban, Fort William, Inverness, Portree, Broadford and Wick)Advice line e-mail  |   01955-880251High-UHB.highland-lymphoedema@nhs.net |    |
| LANARKSHIRE | tbc |  |   |
| LOTHIAN | Lothian Primary Care Lymphoedema Service, Physiotherapy Department, Wester Hailes Healthy Living Centre,30 Harvesters Way, Edinburgh EH14 3JF | 0131-453 936207917-277540 |  |
| ORKNEY | tbc |   |   |
| SHETLAND | Contact Grampian service |   |   |
| TAYSIDE | Lymphoedema Service, Macmillan Daycare, Roxburghe House, Royal Victoria Hospital, Dundee   | 01382 423174 |   |
| WESTERN ISLES | Lymphoedema Specialist Nurse Western Isles Hospital MacAulay Road, Stornoway, Isle of Lewis HS1 2AF |   |  |

MLD therapists in Scotland who see people with lipoedema

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| Maria Astleithner-Fusseis | Vodder MLD therapist | Greenbank, Edinburgh07305 776609www.body-movement-therapy.commaria@body-movement-therapy.com |
| Andrea Baxter  | Vodder MLD therapist | Newington, Edinburgh[Revitalizeedinburgh.co.uk](http://Revitalizeedinburgh.co.uk) 07731155453 |
| Alex Brooks | Vodder MLD therapistOccupational therapistReflexology Lymphatic DrainageLevel III Reflexology | [www.alexbtherapy.co.uk](http://www.alexbtherapy.co.uk/)0776 629 0829info@alexbtherapy.co.uk  |
| Agnes McGowan | Vodder MLD therapistCombined Decongestive Therapy | 07890643902Wellpark Enterprise (accessible clinic)120 Sydney Street, Glasgow, G31 1JF |
| Jan Gray Aromatherapy | Vodder MLD therapist | 077 428 25 941 jangrayaromatherapy@gmail.comJan Gray AromatherapyMill isleDalbeattieDG5 4AX |
| Shirley Hamilton | Vodder MLD therapist | Glasgow , North Lanarkshire07901 657211shirleyh1211@gmail.com |
| Anna Hill | Vodder MLD therapistHerbalist | <https://www.woodlandherbs.co.uk/>0141 564 3184Woodland Herbs 100 Woodlands RoadGlasgowG3 6HB |
| Elizabeth Jennings  | Lymphoedema Clinical Nurse Specialist, (Casley Smith MLD) Hivamat 200 deep oscillation. | EMJ Lymphaticswww.emjlymphatic.com07455 196520Bishopton, Renfrewshire (off M8 Junction 29a)  |
| Linda Murray | Vodder MLD therapist | 01721 58868507904 273064info@lindamurray.co.uk 2 Cherry Court Cavalry ParkPEEBLES EH45 9BU |
| Dominique Palikuchin | FG-MLD Therapist (Fluoroscopy-guided MLD)  | Tain, Highlands07958 910850 dominiquepalikucin@gmail.com  |
| Lisa Saunders  | MLD Therapist (Level II)  | Kirriemuir, Angus07572 039802 thebodymechanicclinic@gmail.com  |
| Margaret Taylor | Vodder MLD therapist |  <http://meadowbankclinic.co.uk/>0131 661 7275meadownbankclinic@gmail.comMeadowbank Clinic3 Meadowbank TerraceEdinburghEH8 7AR |
| Lesley Watts  | Lymphoedema Nurse Specialist MLD Therapist ScarWork, LED and laser (low level light therapy)  | Forres, Morayshire07742 521388 lesley.watts@hotmail.co.uk  |
| Anne Williams | Vodder MLD Therapist Lymphoedema Nurse Specialist Trustee for Talk Lipoedema Home visits in Edinburgh and Lanarkshire, and clinic in Biggar  | Edinburgh and Lanarkshire[www.esklymphology.co.uk](http://www.esklymphology.co.uk) anne@esklymphology.co.uk07939 068222 |