Talk Lipoedema June 2022

Scotland: List of NHS lymphoedema services and MLD therapists who see people with lipoedema

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| **Health Board area** | **Address** | **Telephone** | **Contact** |
| ARGYLL & CLYDE | See Greater Glasgow and Clyde |  |  |
| AYRSHIRE & ARRAN | Lymphoedema Service Physiotherapy Dept. Crosshouse Hospital, Crosshouse, Kilmarnock. KA2 0BE | 01563-827136 |  |
| BORDERS | tbc |  |  |
| DUMFRIES & GALLOWAY | Lymphoedema Service Physiotherapy Dept., Bankend Road, Dumfries & Galloway Royal Infirmary DG1 4AP | 01387-241827 |  |
| FIFE | tbc |  |  |
| FORTH VALLEY | Lymphoedema Service Strathcarron Hospice Randolph Hill, Denny FK6 5HJ | 01324- 826222 | Yolande Borthwick |
| GRAMPIAN | Chronic Oedema Clinic, Ward 6 Woodend Hospital, Eday Road, Aberdeen AB15 6XS | 01224-556361 or 07771-978648 |  |
| GREATER GLASGOW and CLYDE | Lymphoedema Specialist Nurses, Lymphoedema Clinic, West Glasgow ACH, Dalnair St, Yorkhill, Glasgow, G3 8SJ | 0141-2321869 |  |
| HIGHLAND | Highland Lymphoedema Service based at Caithness General Hospital,  (also clinics in Oban, Fort William, Inverness, Portree, Broadford and Wick)  Advice line e-mail | 01955-880251  [High-UHB.highland-lymphoedema@nhs.net](mailto:High-UHB.highland-lymphoedema@nhs.net) |  |
| LANARKSHIRE | tbc |  |  |
| LOTHIAN | Lothian Primary Care Lymphoedema Service, Physiotherapy Department, Wester Hailes Healthy Living Centre,30 Harvesters Way, Edinburgh EH14 3JF | 0131-453 9362 07917-277540 |  |
| ORKNEY | tbc |  |  |
| SHETLAND | Contact Grampian service |  |  |
| TAYSIDE | Lymphoedema Service, Macmillan Daycare, Roxburghe House, Royal Victoria Hospital, Dundee | 01382 423174 |  |
| WESTERN ISLES | Lymphoedema Specialist Nurse Western Isles Hospital MacAulay Road, Stornoway, Isle of Lewis HS1 2AF |  |  |

MLD therapists in Scotland who see people with lipoedema

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| Maria Astleithner-Fusseis | Vodder MLD therapist | Greenbank, Edinburgh  07305 776609  www.body-movement-therapy.com  maria@body-movement-therapy.com |
| Andrea Baxter | Vodder MLD therapist | Newington, Edinburgh  [Revitalizeedinburgh.co.uk](http://Revitalizeedinburgh.co.uk)  07731155453 |
| Alex Brooks | Vodder MLD therapist  Occupational therapist  Reflexology Lymphatic Drainage  Level III Reflexology | [www.alexbtherapy.co.uk](http://www.alexbtherapy.co.uk/)  0776 629 0829  [info@alexbtherapy.co.uk](mailto:info@alexbtherapy.co.uk) |
| Agnes McGowan | Vodder MLD therapist  Combined Decongestive Therapy | 07890643902  Wellpark Enterprise (accessible clinic)  120 Sydney Street, Glasgow, G31 1JF |
| Jan Gray Aromatherapy | Vodder MLD therapist | 077 428 25 941  [jangrayaromatherapy@gmail.com](mailto:jangrayaromatherapy@gmail.com)  Jan Gray Aromatherapy  Mill isle  Dalbeattie  DG5 4AX |
| Shirley Hamilton | Vodder MLD therapist | Glasgow , North Lanarkshire  07901 657211  shirleyh1211@gmail.com |
| Anna Hill | Vodder MLD therapist  Herbalist | <https://www.woodlandherbs.co.uk/>  0141 564 3184  Woodland Herbs  100 Woodlands Road  Glasgow  G3 6HB |
| Elizabeth Jennings | Lymphoedema Clinical Nurse Specialist, (Casley Smith MLD)  Hivamat 200 deep oscillation. | EMJ Lymphatics  www.emjlymphatic.com  07455 196520  Bishopton, Renfrewshire  (off M8 Junction 29a) |
| Linda Murray | Vodder MLD therapist | 01721 588685  07904 273064  [info@lindamurray.co.uk](mailto:info@lindamurray.co.uk)  2 Cherry Court  Cavalry Park  PEEBLES  EH45 9BU |
| Dominique Palikuchin | FG-MLD Therapist (Fluoroscopy-guided MLD) | Tain, Highlands  07958 910850  dominiquepalikucin@gmail.com |
| Lisa Saunders | MLD Therapist (Level II) | Kirriemuir, Angus  07572 039802  thebodymechanicclinic@gmail.com |
| Margaret Taylor | Vodder MLD therapist | <http://meadowbankclinic.co.uk/>  0131 661 7275  [meadownbankclinic@gmail.com](mailto:meadownbankclinic@gmail.com)  Meadowbank Clinic  3 Meadowbank Terrace  Edinburgh  EH8 7AR |
| Lesley Watts | Lymphoedema Nurse Specialist  MLD Therapist  ScarWork, LED and laser (low level light therapy) | Forres, Morayshire  07742 521388  [lesley.watts@hotmail.co.uk](mailto:lesley.watts@hotmail.co.uk) |
| Anne Williams | Vodder MLD Therapist  Lymphoedema Nurse Specialist  Trustee for Talk Lipoedema  Home visits in Edinburgh and Lanarkshire, and clinic in Biggar | Edinburgh and Lanarkshire  [www.esklymphology.co.uk](http://www.esklymphology.co.uk)  [anne@esklymphology.co.uk](mailto:anne@esklymphology.co.uk)  07939 068222 |